

Psychic Armor

LIST OF ALL ITEMS & HOW TO USE THEM

1. Black Obsidian Crystal Perfume Bottle

What it is:

A hand-charged Black Obsidian crystal bottle filled with a charged fragrance. The obsidian itself is your main “Master Protector Stone.”

How to Open & Use:

Do NOT twist the top.

It opens by **lifting straight up**.

Twisting will damage the plastic wedges inside and permanently ruin the bottle.

To apply the perfume:

Lift the cap

Press the roller ball lightly against your skin

Apply the scent on pulse points daily

When the perfume inside is finished:

Only then twist **anti-clockwise** to open

Clean with the small brush provided

You may refill with another essential oil or perfume

Keep the obsidian in its **velvet pouch** when carrying it in your purse.

2. Solid Perfume (10 ml)

What it is:

A deeply moisturizing, long-lasting solid fragrance.

How to Use:

Scoop out **half a pea size** amount

Rub onto wrists, neck, or hands.

Can also be layered with the crystal perfume oil

You may share the solid perfume samples with others.

3. Charged KALONJI (Black Seed) OIL

What it is:

Charged organic Kalonji oil with potent protective and problem-solving frequency.

How to Use:

Open the bottle and **inhale deeply** to receive the frequency

Anoint yourself lightly (chest, wrists, or neck)

Use especially in the morning

Use when you feel stuck, unable to find solutions, or need divine support

Excellent when preparing for:

Difficult conversations

Travel

Problem-solving

Energetically supports:

Protection

Creativity

Divine connection

Edible: You may take 1 drop under the tongue if desired.

4. People of the Cave Amulet (Sacred Amulet)

What it is:

A rare, ancient amulet from Sufi lineage, personally blessed. You also received an image of the same via email. That image can be printed, enlarged or reduced in size for various uses.

How to Use:

A. For Personal Protection:

Place inside your **pillowcase** or under your pillow

Or wear it inside a **locket**

Print multiple copies for loved ones (from the online image provided via email to you)

Can be placed near front door, office, or key home areas

Best if printed in **green**, but any color is acceptable

B. For Specific People or Situations:

Write the name of the person (IRS agent, hostile coworker, etc.) and place it **on top of the amulet**

Or place the person's **photo on top** of the amulet

The amulet works on the person energetically to soften, protect, or resolve issues

C. Charging Food & Water:

Laminate the amulet

Dip it into:

Water pitchers

Large water bottles

Leave overnight for strongest results (but works immediately)

You may tape it to water jugs as an alternative

D. For Relationships / Family Healing:

Tape a small printout to the **back of a picture frame**—this works continuously

5. Charged Himalayan Pink Salt

What it is:

Charged salt for grounding, clearing interference, blocking black magic, balancing energy, and preventing energetic blowouts.

How to Use:

A. For Showering (Most Important):

Keep a small supply in your bathroom

Wet your hands

Take a **pinch** of salt

Rub it between your palms

Run your hands over your entire body (head to toe)

Shower normally

Use **with every shower**, especially when feeling attacked or drained

You will feel results on day one

B. For Food & Water:

Mix the charged salt into **your main household salt supply**

Use it in food, cooking, drinking water

Extremely grounding

Excellent for children, sensitive people, and spectrum support

C. For Loved Ones:

Add a small portion to your loved ones salt container at home

Supports grounding and energetic stabilization

Especially helpful for children and emotionally sensitive individuals

6. Hunza Royal Shilajit (Black Gold)

What it is:

Pure, authentic Shilajit resin from Hunza – vitality, grounding, detoxification, longevity.

How to Take It:

Use a **butter knife** or utensil to scoop a tiny amount (pea-sized or less)

Place in **warm water** (not boiling)

Stir and let dissolve for **2 minutes**

You may add lemon, honey, flavored tea, or milk alternative

DO NOT use boiling water (destroys enzymes & fulvic acid)

Effects Noted Within 15–20 Minutes:

- Increased energy

Mental clarity

Focus

Mood lift

On going effects reported:

Hormonal support

Libido boost (traditional use)

Blood sugar & metabolism support

Bowel regularity

Deep grounding & vitality

“Destroyer of darkness” energetic clearing

Duration:

Lasts about **1 month** with daily use.

7. Velvet Carrying Pouch

What it is:

A soft pouch to hold and transport your crystal perfume bottle.

How to Use:

Keep your obsidian perfume inside when traveling or carrying in a purse

Protects the crystal bottle from scratches or energetic contamination

8. Additional Solid Perfume sample gifts

What they are:

Bonus solid fragrance samples so you can explore other scents.

How to Use:

Apply lightly

Share with others if desired or give away as gifts. They are also charged.